

SHAC AGENDA
January 25, 2023 12 pm
Elementary Conference Room

1. Welcome

Introduced SHAC to our student representatives.

2. Eight Components of the SHAC

1. Health Instruction- Coach Beelitz

- i. Finished nutrition section - will move on to body image and finish the year with addictive substances and what they do to your body

2. Safe/Healthy School Environment- Joe Villanueva/Luis Casares

- i. New Key fobs installed on doors in the district. Cameras access multiple areas.

3. Health Services-Kori Workman

- i. All screenings will be complete this week and report will be submitted
- ii. Project Adam - where designated staff members serve as first responders in a crisis situation until paramedics arrive. There was a motion to move forward with this in our district and all members agreed. Nurse Workman will gather more information.
- iii. Wellness policy discussed & no changes need to be made at this time.

4. Physical Education-Tomison, Mandrell, Lassiter

- i. Jr. High and High School need to start looking at dates for the Fitness Gram.
- ii. McCasland asked members to look over the Wellness Policy and make sure Everything was covered. Nurse Workman mentioned Jr. High PE not having a place to workout. Mr. McCasland asked that Mr. Huseman and Mrs. Wilson come up with a schedule where PE can have a place to work out.

5. School Counseling-Lassiter, Wilson, Marmolejo

- i. Lassiter - Pennies for Angels collection before Christmas was \$3324.17. That money was donated to High School Student Council for Christmas for Angels and food for families in need. Student Council returned \$1104.27 to Snack Pak for Kids.
- ii. Wilson - This week Jr. High celebrated the Great Kindness Challenge. Students participated in dress up days, SEL Lessons, etc.
- iii. Marmolejo - High school is working to get all students CPR trained. Mental health continues to be a huge concern. SEL Lessons have been incorporated Into the daily schedule. There has been great use of the Stop It App & Go Guardian to ensure student safety. Diana, a Junior, stated that SEL allows the Teachers and students to open up and be on common ground. It has also helped build relationships. Also, referrals are still going into CATR and the counseling Grant, but they are having a hard time hiring counselors.

6. Food Service- Teresa

- i. The cafeteria is now feeding Jr. High teams when they go out of town.

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7. School Site Health Promotion-Kori Workman

- i. Wellness Bus will be here Feb. 24th. This is for any staff member with school insurance. There will be a sign up sheet.
- ii. Dental kits will be passed out in February.
- iii. Teachers have asked for Nurse Workman to give a hygiene talk to 2nd-5th grade.

8. Involvement with parents/community

We have play days and a talent show coming up.

3. Snack Pak 4 Kids-Lassiter

We currently pack 37 bags per week. Teachers will be asked to take a closer look at the kids in their homeroom and get a form for any student they feel could use the extra help.

4. Next Meeting- April 12, 2023 at Elementary Conference Room 12 pm

5. Adjourn by Kori Workman, RN